

SPECIAL OLYMPICS THE MEDALLION



Newsletter for
Clackamas County

Fall 2005

Greetings from Gary...Your Local Program Coordinator

Summer Season Update:

The summer season came to a successful ending on July 9-10 with the Special Olympics Oregon Summer Games. This wonderful event was held in Corvallis where many of our athletes earned medals or were "brave in the attempt."

During this season in the Clackamas County program we:

- offered bocce, golf, gymnastics, softball, track and field and the club sports of tennis and cycling;
- had 124 athletes participate in these sports;
- introduced the new sport of Unified bocce;
- saw athletes become better skilled and accomplished in their sports under the leadership of our head coaches and the efforts of many assistant coaches and volunteers. We greatly appreciate the time and energy they gave to the program.



Program Goals:

The "Team Managers" and members of the Local Program Team helped to develop the following goals to guide our program this year:

Goal 1: To provide financial stability to support the needs and standards of all the sports programs for the calendar year 2005 by generating \$25,000. These funds will be generated through the following fundraising events:

- Golf Tournament (Held in July)
- Law Enforcement Torch Run (This program runs throughout the year)
- Support a Winner (All athletes participate in this event held during the fall season)
- Christmas cards (sold to individuals and

businesses during the fall season)

Goal 2: Increase the number of athletes under the age of 21 by 20 by the end of 2006. (Involving new athletes is necessary for the ongoing success of our program.)

Goal 3: To provide a quality program for all athletes, coaches and volunteers. (The training and recruitment of qualified coaches and volunteers is extremely important to the success and growth of our athletes.) More information related to this topic is in the article by Linda Kirkland, who works for Special Olympics Oregon.

New Team Manager:

We are a volunteer driven program with no paid staff so the success of our program is through the efforts of people in our community. We are very pleased to have Chery Lewelling as our new "Volunteer Manager." In this important position she will help recruit, coordinate, and track volunteers.

A special thanks to the following Team Managers for all the extra time and energy they give to our program! Teri Gilreath, Lynne Larson-Fundraising, Dena Whitley, -Communications, Natalie Stewart-Finances, Anne Tileston-Medicals, Anne Beringer-Sports, Keri Cordova and Wayne Lund, Team Coordinators.

We still need volunteers to fill the position of the Outreach Coordinator and someone to help put together press releases. If you would like to be a part of this important team, help your community, share with others and get back as much as you give, please call our message phone at 503-675-3550.

Updated Volunteer Policy:

It is important that all volunteers have a current Volunteer Application on file at the State Office. The new policy states that all volunteer applications must include a background check and the application needs to be renewed every three years. To request a volunteer application please call our message phone at 503-675-3550.

Support a Winner Program:

During the Fall sports season, Special Olympics Clackamas County will be having our annual fundraiser. Our goal is to raise \$10,000 to help to provide financial stability to support the needs and standards of all the sports programs. **We are asking all the athletes, even if they are not involved with a fall sport, to help with this annual event.**

The funds raised will be used to:

- provide transportation, meals and lodging to state games when necessary,
- pay for practice facilities,
- purchase quality sports equipment,
- provide new uniforms and replacement uniforms as needed.

This one time a year event is essential to the financial stability of our program. Your support is important to the quality of Special Olympics Clackamas County so please encourage as many people as possible to be part of our "Support a Winner" program. A "Support a Winner" recognition get together is planned for December.

Following the Rules with Great Results!

by Linda Kirkland,
Chief Operating
Officer, Special
Olympics Oregon

You are making it happen! Thanks to Local Program volunteers, Local Program Sports Managers, coaches and most importantly athletes; the 2005 Summer Games were a high quality sports competition experience. They were also a lot of fun.

Over the last few years, SOOR Local Program volunteers and staff have been working hard to ensure that all coaches and athletes know and follow Special Olympics sports and administrative rules



Following The Rules, con't:

Certified track officials were very impressed with the progress made from last year with athletes staying in their lanes. There were also fewer injuries than last year. This is due in part to athletes being in better physical condition and to participating in regular sports training sessions. These improvements can be tracked to the dedication and skill of trained coaches and the commitment of administrative volunteers following SOOR rules.

Enforcing the rule of athletes not missing practices played a key role in the success of the Games. To become physically conditioned, learn the rules of a sport and practice a sport, athletes must commit to, and attend practice.

The success of the more than 1,100 athletes who competed at Summer Games is a shining example of why this rule is in place.

At the last Athlete Congress held in 2004, athletes from around the U.S. met to discuss the future of our organization. As they reported to the leadership, they made one point again and again; the significance of their accomplishments must not be undermined by emphasizing their disability. Their accomplishments should be highlighted by placing emphasis on their ability to compete following national governing body sports rules and Special Olympics guidelines. They demand and deserve to be seen as athletes first.

Thank you coaches and volunteers of SOOR for providing opportunities for meaningful accomplishments to athletes of all abilities. You inspire greatness.



Golf Tournament

The Second Annual Special Olympics Oregon, Dan Loomis Memorial Golf Tourney was a huge success! The 144 players enjoyed a perfect day in the sun....filled with friends, mulligans, and good cheer! Thanks to PGE, Oregon Electric Group, and East Side Athletic Club the 2005 Scramble provided \$18,000 to our Clackamas County program. First, second, and last place finishers received cash / golf prizes and the Long Drive, KP, Straight Drive stars were honored as well! The true celebrities were the volunteers and athletes that made this event spectacular. A special thanks to the golf committee of Terri Gilreath, Tim Wandell, Kathy Briscoe, Judy Powell, and Bob Glassburn.



A date for next years' event had not been set when this edition of the Medallion went to the printer. Please check future editions of this newsletter for the date so you can mark your calendar and be able to tell others about this fabulous golf tournament.



Volleyball and Soccer Coaches Needed!

Teams are forming for the Fall season and we need coaches for our Volleyball and Soccer programs. Practices will be held on Saturdays at the Portland Waldorf School in Milwaukie.

To offer this program to our athletes we need to have qualified people who will assume the responsibilities of being a Special Olympics' coach. If you have the skills, interest, and desire to coach these sports or would like additional information please contact Gary at:

Message Phone:
(503) 675-3550.

Mailing address:
Special Olympics Oregon
Clackamas County
P. O. Box 592
Gladstone, OR 97027



Special Olympics Oregon-Clackamas County 2005 Donor Appreciation

All Special Olympic programs are provided free of charge to all athletes. All the funds generated by our program directly serve the athletes in Clackamas County. We are responsible for:

- Providing transportation, meals and lodging to State Games when necessary;
- Paying for practice facilities;
- Purchasing quality sports equipment;
- Providing new and replacement uniforms as needed.

We would like to recognize the following individuals, organizations, and sponsors for their donations for 2005.




Platinum
\$2,500+

East Side Athletic Club




Gold
\$1,000-\$2,499

East Side & West Side Athletic Clubs
Alan Garrett
Portland General Electric
Oregon Electric Group



Bronze
\$25-\$399

American Income Life Insurance Co.
Breault/Ashenden Families
Clipped Wings United Airlines
Down Syndrome Network /
PS Network / Strader Family
Benefit Resources Group
Empire Pacific Inc.
Evergreen Financial Services
GVA Northwest
IBEW Local 125
IBEW Local 48
Noel Orthodontics
Nola Wilkens CPA
Norpac
NCPRD
Stoneridge Custom Development
The Partners Group
Thomas Joseph Personalized Dry
Cleaners
West Coast Bank
West Linn Riverview Lions Club
Zimmer Family



Bronze
\$25-\$399

Terri Gilreath
Janelle and Larry Hubbard
Maxine Jaekel
Jeffrey and Sandra Jones
Robert Kilgore
Geoffrey Lewelling
Jones Family
Carol Loomis
Elaine McDonald
Szwarc Family
Soderberg Family
Tina and Adam Tufts
Tim Wandell
Beverly Wilson



Silver
\$400-\$999

Special Olympics Oregon-Clackamas County 2005 Summer Season....



I N S P I R E G R E A T N E S S[®]



Special Olympics
Oregon
Clackamas County



**This is a wonderful opportunity for you to help your community...
share with others...get back as much as you give!**

**If you have a lot of initiative
...you're creative
...you like to work with
people-
you can:**

- Recruit & train volunteers
- Make presentations
- Recruit athletes
- Produce our website
- Manage local program communications
- Help raise funds
- Coordinate programs and services for athletes

**If you like sports...
Like to connect with
Athletes and families-
you can:**

- Coach
- Assistant Coach
- Chaperone
- Be a Team Manager

**If you want to work on
your own schedule
...mostly from home
...you are detail oriented-you can:**

- Write thank you letters
- Track info in our database
- Help with one time projects
- Send letters for sponsorships
- Organize seasonal registrations

**If you want to help for a few
hours and want to learn
about Special Olympics-you
can:**




- Help at a competition
- (present awards,keep score, etc.)
- Help at a special event
- (set-up, volunteer check-in, help at a booth, etc.)

Clackamas County
P.O. Box 592 | Gladstone, OR 97027
PHONE: 503-675-3550 | E-MAIL: GPAXTON6@COMCAST.NET | WWW.SOOR.ORG

State Office: 5901 SW Macadam Ave., Suite 100 | Portland, OR 97239 | Phone: 800.452.6079



2005 Sports Calendar

SEASON	SPORTS	RECRUIT-REGISTER-TRAIN	REGIONAL COMPETITION	STATE COMPETITION
WINTER 2005 	Alpine Skiing Cross Country Skiing Snowboarding Snowshoeing Basketball Powerlifting	Coach Education (December-January) Snow sports practices: Jan-Feb Basketball- Powerlifting practices: Jan-Mar	Snow Sports: Wilamette Pass- 2/20 Cooper Spur- 2/20 Basketball: Beaverton-THPRD- 2/13 Powerlifting Roseburg High School 2/5	Snow Sports: Mt Bachelor March 5-7 Basketball & Powerlifting Salem (Eug/Spr?) Mar 12-13
SUMMER 2005 	Track & Field Bocce Golf Gymnastics Softball	Coach Education (April) Practices -all sports: April-July	Track & Field: Mt Hood CC-5/22 Softball-Golf- Bocce Eugene- 6/4 Gymnastics: Salem 6/5	All sports: Corvallis July 9-10
FALL 2005 	Aquatics Bowling Soccer Volleyball Long Distance Running/Walking	Coach Education (August) Practices-All sports: Sept-Nov	Bowling: Beaverton-10/22 Aquatics Volleyball-Soccer: Corvallis-10/15	All sports: Beaverton/Portland Nov 19-20 Long Distance Run/Walk Portland 10/9

The ability of Special Olympics Oregon to offer any sport is dependent on obtaining volunteer coaches and practice facilities. Therefore, we cannot guarantee that all sports will be offered in all areas. However, we do pledge to do our best to offer as many sports as possible to our athletes.



Special Olympics Oregon – Clackamas County

REGISTRATION FOR FALL SPORTS



Please register for participation in Fall Sports by mail only.

Athlete Name: _____

Address: _____

Phone: (day) _____ (emergency) _____

E-mail: _____ Parent/Guardian Name _____

Sport (choose ONLY one):

Aquatics _____ Bowling _____ Soccer _____ Volleyball _____

Tennis Club: During the fall season we will be offering athletes a chance to join the tennis club in addition to participating in one of the four sports listed above. The club meets for 6 weeks starting October 1st for a one hour practice session at the Lake Oswego Indoor Tennis Center. If you have questions please call 503-675-3550.



Tennis Club: Yes, I would like to join _____



Return this form by August 19, 2005 to:

SOOR-Clackamas County
P.O. Box 592
Gladstone, OR. 97027
or Call: 503-675-3550



SPORT	PRACTICE SITE	DAYS	DATES	TIME
AQUATICS	Oregon City Pool 1211 Jackson (tentative)	Saturday (tentative)	Sept. 10-Nov. 19	Coach will contact athletes
BOWLING	20th Century Lanes 3550 SE 92nd	Saturday	Sept. 10-Nov. 19	1:00-3:00 pm
SOCCER	Waldrof School 2300 SE Harrison, Milwaukie	Saturday	Sept. 10-Nov. 19	10:00-12:00 pm
VOLLEYBALL	Waldrof School 2300 SE Harrison, Milwaukie	Saturday	Sept. 10-Nov. 19	10:00-12:00 pm

Albertson's Community Partner Card

The partnership with Albertson's is a way to raise funds to support SOOR-Clackamas County.

How does it work?

You present your card to the cashier anytime before the order is tendered. The amount of your purchase is automatically recorded and credited to our local program. At the end of each quarter Albertson's calculates the percentage that will be awarded and sends us a check.

How do you get a card?

You can call our message center at 503-675-3550 or write to:
SOOR-Clackamas County
P.O. Box 592
Gladstone, OR. 97027



Newsletter Schedule

The Medallion is published three times during the year. It comes out before the start of each new season. Future editions will come out in:

- November 2005
- March 2006

Did you know?

- We are a volunteer driven program...no paid staff.
- Programs are provided free of charge to all athletes.
- We are responsible for generating all the funds necessary to:
Provide transportation, meals and lodging to State Games when necessary,

- Pay for practice facilities,
- Purchase quality sports equipment,
- Provide new uniforms and replacement uniforms as needed.
- All the funds generated by our program directly serve the athletes in Clackamas County.
- During the three seasons we have 235 athletes participating in a variety of sports.



ADDRESS SERVICE REQUESTED

SPECIAL OLYMPICS-CLACKAMAS COUNTY
PO BOX 592
GLADSTONE, OR 97027-0592

Non-Profit Org.
U.S. Postage
PAID
Portland OR
Permit No. 3902